

# Children's YOGA

YOGAPL3Y

Together we increase our positive mental health, our physical literacy and social-emotional learning through connection and yoga



## WHEN:

Saturday's @ 10 AM - 11 AM  
February 20 - March 27

## AGES 6-12

ONLY 8 SPOTS AVAILABLE  
for social distancing

Rates: \$150/6 weeks  
\$25/session

TRI-WOOD COMMUNITY CENTRE  
2244 Chicoutimi Dr NW

For inquiries, please call  
403-827-2254  
or email  
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Visit [kdccoaching.com](http://kdccoaching.com) & [yogapl3y.com](http://yogapl3y.com)  
for more info